
NHS Lanarkshire Antimicrobial Management Team

Memo

To: Prescribing Staff – NHSL Health and Social Care Partnerships

From: NHSL Antimicrobial Management Team/NHSL GUM Directorate

Date: January 2021

Subject: Genital chlamydia and gonorrhoea infection – new BASHH guidance

FAO: All NHSL GPs and Non-medical Prescribers

Please note that the British Association of Sexual Health and HIV (BASHH) have changed their advice on the recommended antibiotics for genital chlamydia and gonorrhoea infection. NHSL guidance is being updated to accommodate this new guidance, in the meantime the following guidance should be followed:

First line treatment for genital chlamydia infection is Doxycycline 100mg twice a day for 7 days (assuming no contraindications). Azithromycin is now second line treatment and the regimen for this has been changed. Please refer to the BASHH guidelines for further details.

A test of cure for chlamydia is not usually required unless the patient is pregnant or compliance/reinfection is an issue.

First line treatment for gonorrhoea infection is now 1g IM ceftriaxone (co-treatment with Azithromycin is no longer required). Please refer to the BASHH website for alternative choices if Ceftriaxone is contraindicated. Please note that Ceftriaxone is mixed with Lidocaine.

A test of cure for gonorrhoea should be performed 2 weeks after treatment and patients can be referred into sexual health for this and also for partner notification via Sci-Gateway.

BASHH website link: www.bashh.org.uk

Contact your local pharmacy prescribing management team for further information or specific queries relating to individual clinical episodes of care