

# The CAGE and CAGE-AID Questionnaires

Item	Text
1.	Have you ever felt you ought to cut down on your drinking <i>or drug use</i> ?
2.	Have people annoyed you by criticizing your drinking <i>or drug use</i> ?
3.	Have you ever felt bad or guilty about your drinking <i>or drug use</i> ?
4.	Have you ever had a drink <i>or used drugs</i> first thing in the morning to steady your nerves or to get rid of a hangover?

*Note.* The plain text shows the CAGE questions. The italicized text was added to produce the CAGE-AID. For this study, the CAGE-AID was preceded by the following instruction: "When thinking about drug use, include illegal drug use and the use of prescription drugs other than as prescribed."

Table from "The prevalence and detection of substance use disorder among inpatients ages 18 to 49: An opportunity for prevention" by Brown RL, Leonard T, Saunders LA, Pappasoulotis O. Preventive Medicine, Volume 27, pages 101-110, copyright 1998, Elsevier Science (USA), reproduced with permission from the publisher.

## The CAGE and CAGE-AID Questions

The original CAGE questions appear in plain type. The CAGE questions Adapted to Include Drugs (CAGE-AID) are the original CAGE questions modified by the *italicized text*.

The CAGE or CAGE-AID should be preceded by these two questions:

1. Do you drink alcohol?
2. Have you ever experimented with drugs?

If the patient has experimented with drugs, ask the CAGE-AID questions. If the patient only drinks alcohol, ask the CAGE questions.

### **CAGE and CAGE-AID Questions**

1. In the last three months, have you felt you should cut down or stop drinking or *using drugs*?  
Yes      No
2. In the last three months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or *using drugs*?  
Yes      No
3. In the last three months, have you felt guilty or bad about how much you drink *or use drugs*?  
Yes      No
4. In the last three months, have you been waking up wanting to have an alcoholic drink or *use drugs*?  
Yes      No

**Each affirmative response earns one point. One point indicates a possible problem. Two points indicate a probable problem.**