

NHS Greater Glasgow & Clyde
Mental Health Services
Blank Clozapine Titration Regime

Name:

Ward:

CHI Number:

Consultant:

Day	Date	8am	Administered by	10pm	Administered by
1		12.5mg to be given at (please indicate an appropriate time)			
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					

Date Titration Commenced:

Prescribing Doctor's signature:

Important Information for Nursing Staff

- **This titration regimen is used to create a personalized schedule to initiate clozapine for relevant patients.**
- **This titration regime must also be prescribed by medical staff on HEPMA under ‘Clozapine loading regime- as charted’**
- **Nursing staff must monitor for effect and side effects during titration [monitor blood pressure, pulse, respiration and temperature] – and liaise with medical staff accordingly.**
- **After initial 15-day titration is complete, clozapine can then be prescribed routinely on HEPMA. Doses should be increased at a rate and by increments based on the response to treatment and tolerability.**
- **This regime should be kept within the treatment room and be available at the time of administration whilst in use then filed in case notes when complete.**
- **All nursing staff must be aware of side effects of clozapine & to be alert for signs and symptoms of infections, refer to [GG&C clozapine standards](#) at all times.**