

Standardised Assessment of Personality – Abbreviated Scale (Moran)

Please ask your patients the following questions. Only tick a response if the patient thinks that the description applies *most of the time and in most situations*.

1. In general, do you have difficulty making and keeping friends? Yes No
2. Would you normally describe yourself as a loner? Yes No
3. In general, do you trust other people? Yes **No**
4. Do you normally lose your temper easily? Yes No
5. Are you normally an impulsive sort of person? Yes No
6. Are you normally a worrier? Yes No
7. In general, do you depend on others a lot? Yes No
8. In general, are you a perfectionist? Yes No

Responses in bold should be scored as 1, those not in bold as 0.

A total score of 3/8 or more indicates personality disorder is likely. (A score of 3 or more on this tool correctly identified 90% of psychiatric patients with DSM-IV personality disorder. Sensitivity 0.94 and specificity 0.85).