

## Large weight loss guideline: Community midwives reference tool

Assessment (day 5)	Complete the assessment form overleaf.																																									
<b>Weight loss 10-12.9%: Midwife-led management of feeding</b>	<p><b>Breastfeeding (day 5):</b></p> <ul style="list-style-type: none"> <li>Support parents with positioning and attaching baby to ensure effective breastfeeding</li> <li>Advise parents to breastfeed baby 3 hourly, then offer supplements of 60-100mls/kg/day</li> <li>NB. Feeds should be every 3 hours start-to-start, ie. 9am, 12pm, 3pm...</li> </ul> <table border="1" data-bbox="520 557 1073 998"> <thead> <tr> <th>Birthweight</th> <th>Suggested 3-hourly supplement if breastfeeding</th> </tr> </thead> <tbody> <tr><td>2.5kg</td><td>19-31mls</td></tr> <tr><td>2.75kg</td><td>21-34mls</td></tr> <tr><td>3kg</td><td>23-38mls</td></tr> <tr><td>3.25kg</td><td>24-41mls</td></tr> <tr><td>3.5kg</td><td>26-44mls</td></tr> <tr><td>3.75kg</td><td>28-47mls</td></tr> <tr><td>4kg</td><td>30-50mls</td></tr> <tr><td>4.25kg</td><td>32-53mls</td></tr> <tr><td>4.5kg</td><td>34-56mls</td></tr> </tbody> </table>	Birthweight	Suggested 3-hourly supplement if breastfeeding	2.5kg	19-31mls	2.75kg	21-34mls	3kg	23-38mls	3.25kg	24-41mls	3.5kg	26-44mls	3.75kg	28-47mls	4kg	30-50mls	4.25kg	32-53mls	4.5kg	34-56mls	<p><b>Artificial feeding (day 5):</b></p> <ul style="list-style-type: none"> <li>Support parents with appropriate artificial feeding technique</li> <li>Advise parents to feed baby 3 hourly volumes of 150mls/kg/day.</li> </ul> <table border="1" data-bbox="1115 448 1663 891"> <thead> <tr> <th>Birthweight</th> <th>Suggested 3-hourly volumes if artificial feeding</th> </tr> </thead> <tbody> <tr><td>2.5kg</td><td>47mls</td></tr> <tr><td>2.75kg</td><td>52mls</td></tr> <tr><td>3kg</td><td>57mls</td></tr> <tr><td>3.25kg</td><td>61mls</td></tr> <tr><td>3.5kg</td><td>66mls</td></tr> <tr><td>3.75kg</td><td>70mls</td></tr> <tr><td>4kg</td><td>75mls</td></tr> <tr><td>4.25kg</td><td>80mls</td></tr> <tr><td>4.5kg</td><td>84mls</td></tr> </tbody> </table>	Birthweight	Suggested 3-hourly volumes if artificial feeding	2.5kg	47mls	2.75kg	52mls	3kg	57mls	3.25kg	61mls	3.5kg	66mls	3.75kg	70mls	4kg	75mls	4.25kg	80mls	4.5kg	84mls
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<b>Weight loss 13-14.9%: Discuss with neonatal consultant, aim to manage at home</b>	<p>Baby requires discussion with a neonatal consultant to assess and establish feeding plan.</p> <p>Weekdays before 5pm: Postnatal ward consultant – Bleep 4133</p> <p>Weekdays after 5pm or weekends: On-call consultant – Bleep 1615</p>																																									
<b>Weight loss ≥15%, or concerns baby is unwell or dehydrated: For same day review in emergency department</b>	<p>Baby requires medical assessment in emergency department at RHCYP.</p> <p>Any unwell baby should be sent immediately (ambulance if required) to ED at RHCYP</p> <p>If baby is not acutely unwell but needs admission for more intensive feeding support ED staff should discuss with Neonatal SpR (Bleep 1610) to consider further management and consideration of admission to postnatal ward/transitional care/NNU as appropriate.</p>																																									

**All pathways:**

Reassess and reweigh baby after 24 hours:

If weight gain >20g, reweigh in another 48 hours

If weight gain <20g, contact neonatal consultant to discuss

## Large weight loss guideline: Feeding assessment chart

<b>Weight Monitoring</b>	<b>Birth weight</b>	
	<b>Current weight</b>	
	<b>Percentage weight loss</b>	
<b>Feeding Assessment</b>	<b>Frequency of feeds</b>	
	<b>Length of feeds</b>	
	<b>Does baby wake for feeds?</b>	
	<b>Is baby settled after feeds?</b>	
	<b>Have you observed baby having an adequate feed?</b>	
	<b>Have you observed baby taking an appropriate top up volume?</b>	
	<b>If bottle feeding what is the volume and frequency of feeds?</b>	
<b>Hydration Status</b>	<b>Does baby have any of the following?</b> <ul style="list-style-type: none"> <li>- Dry mouth/mucous membranes</li> <li>- Sunken fontanelle</li> <li>- Dry skin</li> <li>- Weak cry</li> <li>- Urates in the nappy</li> </ul>	
	<b>Number of wet nappies in last 24 hours and when was the last wet nappy?</b>	
	<b>When was the last dirty nappy and what colour was the stool?</b>	
<b>Observations</b>	<b>Respiratory Rate</b>	
	<b>Heart Rate</b>	
	<b>Temperature</b>	
<b>Jaundice</b>	<b>Is the baby jaundiced and if so what is the Minolta/SBR?</b>	