

Daily Insulin Prescribing Sheet - Basal Bolus with sliding scale

Name:
Date of Birth:
CHI:

Date:
Weight:

BEFORE giving insulin, inform APNP/Doctor if:

- Blood ketones >1.5mmol/L - may require extra insulin (Blood Ketones only to be done if BG >16mmol/l)
- Child hypoglycaemic - may require less insulin
 - **BG** <4mmol/L at time insulin due or within 2 hours previously

Remember to treat hypoglycaemia even if about to eat

BREAKFAST					
Pre-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		
Background : (e.g. Levemir, Lantus)			Sign	Name	Desig.
	Units				
Short Acting: (e.g. Novorapid, Humalog)			Sign	Name	Desig.
	BG	4.0 - 8.0	Units		
	BG	8.1 - 12.0	Units		
	BG	12.1 - 16.0	Units		
	BG	>16	Units		
Insulin Administered - please circle dose given above		Time given	Given by	Checked by	Site
2 hours Post-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		Time

LUNCH					
Pre-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		
Short Acting: (e.g. Novorapid, Humalog)			Sign	Name	Desig.
	Units				
Short Acting: (e.g. Novorapid, Humalog)			Sign	Name	Desig.
	BG	4.0 - 8.0	Units		
	BG	8.1 - 12.0	Units		
	BG	12.1 - 16.0	Units		
	BG	>16	Units		
Insulin Administered - please circle dose given above		Time given	Given by	Checked by	Site
2 hours Post-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		Time

ADDITIONAL INSULIN DOSES – ONLY IF NECESSARY					
Pre-Dose Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		
Insulin Type:			Sign	Name	Desig.
	Units				
Insulin Administered - please circle dose given above		Time given	Given by	Checked by	Site
2 Hours Post-Dose Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		

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TEA / EVENING MEAL					
Pre-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		
Short Acting: (e.g. Novorapid, Humalog)	BG	4.0 - 8.0	Units		
	BG	8.1 - 12.0	Units		
	BG	12.1 - 16.0	Units		
	BG	>16	Units		
Insulin Administered - please circle dose given above		Time given	Given by	Checked by	Site
2 hours Post-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign	Time	

SUPPER / BEDTIME					
Pre-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		
Background : (e.g. Levemir, Lantus)			Units		
			Units		
			Units		
			Units		
Short Acting: (e.g. Novorapid, Humalog)	BG	4.0 - 8.0	Units		
	BG	8.1 - 12.0	Units		
	BG	12.1 - 16.0	Units		
	BG	>16	Units		
Insulin Administered - please circle dose given above		Time given	Given by	Checked by	Site
2 hours Post-Meal Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign	Time	

ADDITIONAL INSULIN DOSES – ONLY IF NECESSARY					
Pre-Dose Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		
Insulin Type:			Units		
			Units		
			Units		
			Units		
Insulin Administered - please circle dose given above		Time given	Given by	Checked by	Site
2 Hours Post-Dose Blood Glucose					
Time	Blood Glucose	Blood Ketones	Sign		