

Current recommended HIV Post-Exposure Prophylaxis



The following regimen is currently recommended for HIV post-exposure prophylaxis (PEP) in adults in Lothian:

Emtricitabine/tenofovir 200/245mg tablet:

ONE tablet ONCE a day at the same time each day (with food)

and

Raltegravir 400mg tablet:

ONE tablet TWICE a day (every twelve hours)

Both medications are continued for 28 days in total.

For children, please consult the Paediatric Infectious Disease Consultant (available via RHCYP switchboard) before prescribing.

Please note: no drugs are licensed for use as PEP, and these medicines are being used off-label on the basis of clinical experience and trial evidence.