

## Right Decision Service - Being a partner in my care

### NHS Lanarkshire - Urogynaecology Service

#### Resources for patients

Thank you for accessing the Right Decision Service, Being a partner in my care App regarding your coming appointment with the NHS Lanarkshire, Urogynaecology team.

While you are waiting your appointment with our team, you may find the resources below helpful to understand your conditions better, to know about your treatment options further, and to be prepared for more reproductive and meaningful discussions with your care provider during your future consultations, in addition to provide you with some tools to manage your symptoms better.

<b>Common Conditions Attend the Urogynaecology Service:</b>		
1- <a href="#">Pelvic organ prolapse</a>	2- <a href="#">Stress Urinary Incontinence</a>	3- <a href="#">Overactive Bladder</a>
<b>Non-invasive Treatment Options</b>		
<a href="#">Pelvic Floor Exercises</a>		<a href="#">Bladder Training</a>
<a href="#">Vaginal Pessary for Pelvic Organ Prolapse</a>	<a href="#">Non Surgical Approaches to Managing Bladder Problems</a>	
<b>Invasive / Surgical Treatment Options</b>		
<a href="#">Anterior Vaginal Wall Repair without the use of mesh</a>	<a href="#">Urethral Bulking Agent Injections for stress urinary incontinence</a>	<a href="#">Botox Injections for overactive bladder</a>
<a href="#">Posterior Vaginal Wall Repair without the use of mesh</a>	<a href="#">Colposuspension for stress urinary incontinence</a>	<a href="#">Percutaneous Tibial Nerve Stimulation for overactive bladder</a>
<a href="#">Vaginal Hysterectomy for uterine prolapse</a>	<a href="#">Autologous fascial sling for stress urinary incontinence</a>	<a href="#">Sacral Neuromodulation IUGA</a>
<a href="#">Sacrospinous Fixation for uterine or vaginal vault prolapse</a>		<a href="#">Sacral Neuromodulation BAUS</a>
<a href="#">Manchester Repair for uterine prolapse</a>		
<a href="#">Colpocleisis - closing the vagina to treat prolapse</a>		
<a href="#">Sacrohysteropexy for uterine prolapse with mesh</a>		
<a href="#">Sacrococpopexy for vaginal vault prolapse with mesh</a>		
<b>Additional Resources to help you in decision making</b>		

<a href="#">Operations to treat uterine prolapse</a>	<a href="#">Treatment Options for stress urinary incontinence</a>	<a href="#">Treatment Options for overactive bladder</a>
<a href="#">Operations to treat vaginal vault prolapse</a>		<a href="#">Bladder Diary</a>
<a href="#">Recovering well after Pelvic Floor Repair Operation</a>		
<a href="#">Recovering well after Vaginal Hysterectomy</a>		
<a href="#">Obesity, Effect on the pelvic floor &amp; Risk for surgery</a>		
<a href="#">Understanding how risk is discussed in health care</a>		