

Monitoring sheet

| |
|---------------|
| Patient name |
| Date of birth |
| CHI |

| |
|---------------------------------|
| Patient location: |
| Consultant/GP: |
| Palliative medicine specialist: |
| Contact number: |

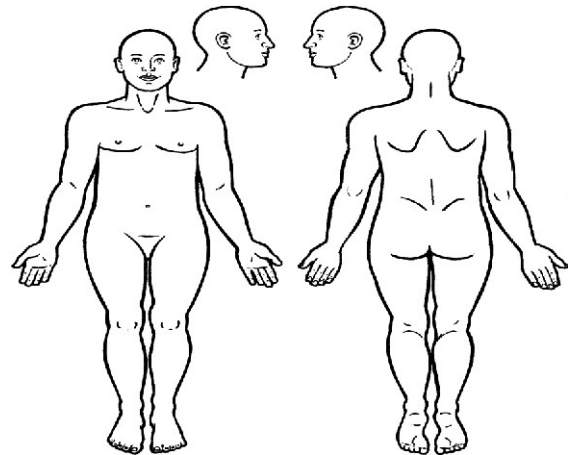
Indication

| | |
|---|------------------|
| Localised neuropathic pain unresponsive to opioids and adjuvant analgesics | D |
| Painful bone metastases unresponsive to standard treatments | D |
| Painful bone metastases when standard treatments are inappropriate/ not tolerated | D |
| Short term treatment of uncontrolled pain, while adjuvant analgesics are titrated | D |
| Mixed pain- somatic and neuropathic mechanism both contributing to pain | D |
| Other | (give details) D |

Site of plaster application

Mark on body chart

Tick if plasters are being used on more than one pain site (use a separate sheet for each pain site)



Assessment

(Complete when plaster is started or if plaster prescription is changed)

| | Date | Pain Score (0-10) | | Response to plaster | Action |
|----------------------------|------|-------------------|--------------------------|--|---|
| | | Pain now | Worst pain in past 24hrs | | |
| Baseline assessment | | | | | <input type="checkbox"/> Not on plaster <input type="checkbox"/> Change of plaster regimen |
| 48 hour assessment | | | | Good <input type="checkbox"/> Partial <input type="checkbox"/> None <input type="checkbox"/> | Continue <input type="checkbox"/> Discontinue <input type="checkbox"/> Increase number of plasters <input type="checkbox"/> Increase duration of application <input type="checkbox"/> |
| Further assessment | | | | Good <input type="checkbox"/> Partial <input type="checkbox"/> None <input type="checkbox"/> | Continue <input type="checkbox"/> Discontinue <input type="checkbox"/> Increase number of plasters <input type="checkbox"/> Increase duration of application <input type="checkbox"/> |

Trial of a plaster free period

Date plaster free period started: _____

Reason for not giving a plaster free trial:

Outcome: Plaster discontinued Plaster restarted at same dose
 Plaster restarted at reduced dose Other _____